Trans is a prefix meaning “across,” “beyond,” “through” or “changing thoroughly.” Trans, transgender, gender diverse and gender non-conforming are sometimes used as “umbrella terms” representing words that describe an internal sense of gender that differs from the sex one was assigned at birth, whether one feels male, female, another gender or no gender. This list is not exhaustive; there are numerous terms in many languages. It is important to respect the autonomy of individuals in defining their own identities and to recognize that not everyone identifies as trans. How can you be an ally? Ask friends, family and colleagues what words and pronouns they prefer, and let them educate you.

TRANSGENDER
FA’AFAFINE   KHWAJA SARA   ARAVANI
GENDERQUEER
BISSU   METI   HIJRA   TRANSPINOY
GENDERFLUID
AGENDER   NON BINARY   KUA XING BIE
THIRD GENDER
TWO-SPIRIT   X-GENDER   MUXES
TRANSSEXUAL
TRANSMAN   TRANSWOMAN

TRANSGENDER AND GENDER NON-CONFORMING PEOPLE:

Are subjected to particularly brutal and cruel hate crimes, murders, sexual violence and harassment. AT LEAST
2,434
TRANS PEOPLE WERE MURDERED IN 69 COUNTRIES between 2008-2016. Real numbers are likely much higher.

ACCESSING DIGNIFIED EMPLOYMENT
because of widespread discrimination in education and the workplace, and a lack of legal protection, including a lack of legal recognition of gender.

Can be legally fired in most areas of the world due to their gender identity.

Experience sexual and gender-based violence at higher rates than other groups.

FACE CHALLENGES

EXPERIENCE TRANSPHOBIC VIOLENCE IN SCHOOLS
in addition to in their home or in the community, impacting their life trajectories in relation to education, employment prospects and well-being.

SUFFER FROM THE
ADVERSE MENTAL HEALTH EFFECTS
of transphobic violence, including increased risk of anxiety, fear, stress, loneliness, loss of confidence, low-self-esteem, self-harm, depression and suicide.

Accessing dignified employment

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Sources:
- Trans Murder Monitoring (TMM) project
- National Transgender Discrimination Survey (US)
- Fenway Guide to Lesbian, Gay, Bisexual, and Transgender Health (2nd ed.)
- Out in the Open, UNESCO 2016